

FAQ's

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Does H3 Therapy currently have a waitlist for new referrals?

The answer to that question, depends on what time of day your child would be available for therapy services in your home.

As of January 2018:

* Daytime Therapy (9:00AM - 3:30PM) - We do have availability!

* After School Therapy (3:30PM - 8:00PM) - We have limited therapy slots available!

If you would like more information, please contact us @ (931) 538-1460 or info@h3-therapy.com.

What insurance carriers do you accept?

We are currently accepting Tricare, Magellan and Anthem BCBS for KY Employees.

Do you travel outside of the local area?

Our normal area of coverage is Clarksville, Hopkinsville and Fort Campbell. However, we will consider traveling outside these areas on a case by case basis.

What is ABA therapy?

According to Baer, Wolf, & Risley(1968): “Applied Behavior Analysis is the process of systematically applying interventions based upon the principles of learning theory to improve socially significant behaviors to a meaningful degree, and to demonstrate that the interventions employed are responsible for the improvement in behavior“

How does ABA therapy help those with Autism?

Applied Behavior Analysis is endorsed as a treatment for autism by the American Medical Association, American Academy of Pediatrics and the U.S. Surgeon General. While faddish interventions for autism treatment come and go, ABA therapy remains one of the most recommended and proven interventions for individuals diagnosed with ASD.

What do ABA sessions look like?

We strive to provide both discrete trial training and incidental teaching methods resulting in our sessions alternating between seated table work and play. This allows your child to receive the direct instruction to acquire new skills, while continually working on providing opportunities for your child to practice these new skills in the natural environment. Most have said that ABA therapy sessions looks like play... That's the goal!

When do I schedule ABA therapy? My child already has numerous therapy appointments...

We work to accommodate scheduling with all of our families. We understand that an additional therapy can cause some adjustment to scheduling, we work to minimize impact upon the child and the family.

How long or frequent are therapy sessions?

This depends on the child receiving services and the family’s schedule. Ideally, ABA therapy is scheduled three to five times per week for sessions lasting from 2-3 hours per visit. The ‘Gold Standard’ for ABA therapy is often touted as 30-40 hours per week.

How long will my child continue this therapy?

Unlike other private therapies, we do not indicate when or if your child is ready to be discharged from services. We rely on the referring developmental pediatrician, child psychiatrist, or pediatric neurologist who initially referred you for ABA therapy. Many individuals continue to receive ABA therapy into young adulthood. The decision to continue ABA therapy is at the discretion of the family and their referring provider.

What if my child is older?

There is no age limit when starting ABA therapy. We provide services to children ranging in age from preschool to high school, and beyond, with a variety of diagnoses and abilities.

What happens when my family moves away from Fort Campbell?

We understand military families and the frequency of PCS moves! In the event you will be relocating, we will coordinate with your new service provider to ensure a seamless transition from our services to your new provider, wherever that may be.

Do I have a choice of providers?

Yes! Just as with your primary medical care provider, you are able to choose from a list of ABA Therapy providers. Even if you already have one! In many cases, when Tricare receives a referral request from a diagnosing medical professional, they randomly choose an ABA provider for you. If you would like to have H3 Therapy as your provider, request us by calling Tricare South's Behavioral Health division @ 1-866-323-7155 or mention us by name to your child's referring provider. We would be honored!
